

# Role Statement



TITLE OF POSITION: SASI High Performance Sport Casual (HPSC)

CLASSIFICATION LEVEL: GSE-2 (weekly paid)

## Organisation Overview

The Department of Planning, Transport and Infrastructure (DPTI) serves the South Australian community by providing safe, effective and efficient planning, transport and infrastructure networks across the state and facilitating development of the State's Infrastructure, in accordance with South Australia's Strategic Plan and the State Infrastructure Plan.

DPTI is a values based organisation and relies on its people to live the values through positive behaviours to improve outcomes for employees and all South Australians.

By working together we capitalise on a unique and powerful opportunity – to connect with every part of our community and deliver positive outcomes every day.

## Development Division

The Development Division comprises five directorates: Investment Management, Architecture and Built Environment, Planning and Transport Policy, Property and the Office Recreation and Sport.

## Office for Recreation and Sport

The Office for Recreation and Sport (ORS) is the lead agency for the Government's policy on sport and active recreation. ORS supports sport and recreation organisations through the development of policy, programs and resources, the provision of funding, recreation and sport planning, infrastructure development, elite sport pathways and the promotion of physical activity.

The South Australian Sports Institute (SASI) is a Division within the ORS and is charged with specific responsibilities for the identification, development and support of athletes with the potential to perform at the highest national and international levels in sport. SASI works with sporting partners to conduct world class intensive coaching, training programs and individual scholarship programs. SASI provides leading edge scientific and technical services, whilst supporting the holistic development of athletes, coaches and staff.

## Role Overview

The HPSC assists the development of talented and elite athletes by providing expert support and technical services to South Australian Sports Institute (SASI) coaches and sport scientists.

Key areas of support include strength and conditioning (S&C) coaching and specialised technical support to maintain, design and/or develop laboratory equipment used to monitor and improve athlete performance.

HPSCs are selected from a casual pool to be engaged on an as needs basis to assist in the delivery of high performance sport programs. HPSCs report to the High Performance Sport Program Manager, and take day to day direction and instructions from the staff member responsible for their field of expertise.

## Key Outcomes of the Roles

Responsible for the delivery of assigned programs or projects in the fields of:

*Strength and conditioning coaching:*

- Provide a high level of strength and conditioning supervision to elite athletes, including elite athletes with a disability.
- Provide direction on correct lifting techniques across all strength and power exercises.
- Facilitate a motivational structured training environment.
- Ensure cleanliness and tidiness of the SASI facility before, during and after all training sessions

or

*Laboratory technical support to SASI sport physiologists, biomechanists and coaches:*

- Provision of technical support in delivery of sport science services.
- Maintain and repair of sport technology equipment fit for purpose.
- Design and development of sport technology to enhance athlete performance.

*Contribute to a safe and healthy work environment, free from discrimination and harassment by working in accordance with legislative requirements, the Code of Ethics and departmental human resource policies, including the OHS&W requirements.*

## Special Conditions and Essential Requirements

- The position will be filled on a casual basis with no guarantee that periods of casual employment will be available or offered.
- Flexible working hours related to client requirements and the operation of facilities is required including work outside of regular business hours.
- A current SA driver's licence and willingness to drive is essential.
- Some intrastate and interstate travel maybe required.
- This role has been classified as a position of trust and as a 'prescribed position' under the Children's Protection Act 1993. The incumbent is subject to a satisfactory criminal history / record check in line with departmental policies and procedures.

## **Qualifications / Licences**

Depending on the duties assigned the successful applicant will require one or more of the following qualifications

- An undergraduate degree in Sport Science
- An undergraduate degree in Sports Engineering.
- Level 1 Australian Strength & Conditioning Association (ASCA) Coaching Accreditation or equivalent).
- Senior First Aid Certificate or equivalent.
- A current SA driver's License

## **Person Capabilities**

- a. Demonstrates awareness and respect for Aboriginal and Torres Strait Islanders cultural values and social issues that may impact on their ability to access services and programs.
- b. Demonstrates a commitment to exhibiting and inspiring their team members and workforce to actively engage in the behaviours that reflect the DPTI values including:
  - a. **Collaboration** – “At DPTI we work collaboratively as one team to serve the South Australian Community. This means our diversified teams work together to achieve our shared goals.”
  - b. **Honesty** – “At DPTI we are honest, open and act with integrity. This means we are truthful, sincere and transparent in our decision making and act at all times in such a way as to uphold the trust of the people we work with.”
  - c. **Excellence** – “At DPTI we are committed to excellence in everything we do. This means we use our energy, skills and resources to make whatever we're doing the best. We are committed to ensuring the Health and Safety of our employees and customers.”
  - d. **Enjoyment** – “At DPTI we enjoy our work and recognise our success. This means we have fun at work, celebrate our achievements and foster an environment where our people can thrive”.
  - e. **Respect** – “At DPTI we respect, understand and value ourselves and every person in our business. This means we listen, embrace diversity in others and have a consistent application in our approach to one another.”
- c. Exhibit behaviours that model integrity, professional accountability and diversity across the department, across-government, and community interactions in line with the SA Government's Code of Ethics and the *Equal Employment Opportunity Act 1987*.
- d. Demonstrates commitment and accountability to the implementation of the Premier's Safety and Wellbeing Declaration and requirements of the *Work Health and Safety Act 2012*, utilising AS/NZS ISO31000:2009 Risk Management or equivalent.
- e. Experience with the operation and maintenance of strength and cardiovascular training equipment.
- f. Knowledge of applied strength and conditioning principles with a specific emphasis on gym-based strength and power development. Experience in exercise planning, prescription, instruction and supervision of strength and conditioning programs for elite-level sport, including Olympic weightlifting movements.  
or  
Knowledge of engineering principles that underpin the design and development of sport technology including practical experience in designing, building and repairing sport technology.
- g. Up to date knowledge of contemporary issues in high performance sport.

Delegate Approval

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Name

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Signature

Date:     /     /